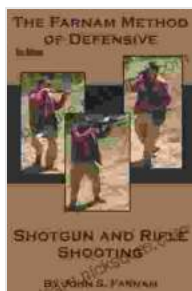


The Farnam Method of Defensive Shotgun and Rifle Shooting: A Comprehensive Guide

The Farnam Method of Defensive Shotgun and Rifle Shooting is a comprehensive system for learning how to use shotguns and rifles for self-defense. Developed by veteran law enforcement officer and firearms instructor Jeff Farnam, the method teaches shooters how to quickly and accurately acquire their target, track moving targets, and shoot under stress.



The Farnam Method of Defensive Shotgun and Rifle Shooting by John S. Farnam

★★★★☆ 4.7 out of 5

Language	: English
File size	: 8051 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 335 pages
Lending	: Enabled



Principles of the Farnam Method

The Farnam Method is based on three core principles:

- **Speed:** The ability to acquire your target and shoot quickly is essential in a self-defense situation. The Farnam Method teaches shooters to

use a combination of instinctive shooting and point shooting to get their gun on target as quickly as possible.

- **Accuracy:** While speed is important, it's also important to be accurate when shooting. The Farnam Method teaches shooters how to use the proper sight alignment and trigger control to hit their target precisely.
- **Movement:** In a self-defense situation, you're likely to be moving or your target will be moving. The Farnam Method teaches shooters how to track moving targets and shoot while moving themselves.

Techniques of the Farnam Method

The Farnam Method includes a variety of techniques for defensive shooting, including:

- **Instinctive shooting:** Instinctive shooting is a technique that allows shooters to quickly acquire their target and shoot without using the sights. This is a valuable technique for close-range encounters when you don't have time to use the sights.
- **Point shooting:** Point shooting is a technique that allows shooters to quickly and accurately shoot at targets without using the sights. This is a good technique for targets that are at a medium range.
- **Sight alignment:** Sight alignment is the process of aligning the sights of your gun with your target. This is essential for accurate shooting.
- **Trigger control:** Trigger control is the process of smoothly pulling the trigger of your gun without disturbing the sight alignment. This is essential for accurate shooting.

- **Movement:** The Farnam Method teaches shooters how to track moving targets and shoot while moving themselves. This is an important technique for self-defense situations where you or your target is likely to be moving.

Benefits of the Farnam Method

The Farnam Method offers a number of benefits for defensive shooters, including:

- **Improved speed and accuracy:** The Farnam Method teaches shooters how to quickly and accurately acquire their target and shoot. This can be a life-saving advantage in a self-defense situation.
- **Increased confidence:** Learning how to shoot defensively can give you increased confidence in your ability to protect yourself and your loved ones.
- **Improved safety:** The Farnam Method teaches shooters how to handle and use firearms safely. This can help prevent accidents and injuries.

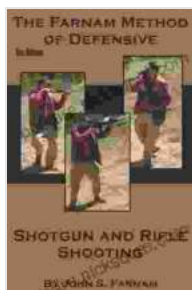
The Farnam Method of Defensive Shotgun and Rifle Shooting is a comprehensive and effective system for learning how to use shotguns and rifles for self-defense. It is based on sound principles and techniques that have been proven to work in real-world self-defense situations. If you are looking to improve your defensive shooting skills, the Farnam Method is an excellent option.

About the Author

Jeff Farnam is a veteran law enforcement officer and firearms instructor. He is the developer of the Farnam Method of Defensive Shotgun and Rifle Shooting. Jeff has over 30 years of experience in law enforcement and has trained thousands of law enforcement officers and civilians in defensive shooting.

Image Credits

- Image of a man holding a rifle by RODNAE Productions from Pexels
- Image of a woman holding a shotgun by RODNAE Productions from Pexels

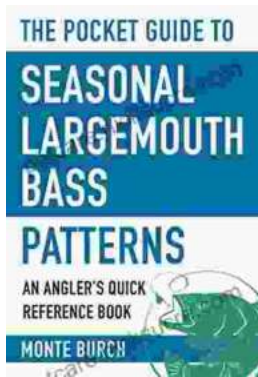


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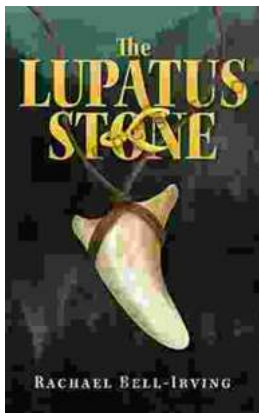
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