

# Rapid And Easy Guide To Mastering Intravenous Catheterization Cannulation And

Intravenous (IV) catheterization is a common procedure that allows for the delivery of medications, fluids, and nutrients directly into a patient's bloodstream. It is an essential skill for nurses, doctors, and other healthcare professionals.

This guide will provide you with a step-by-step guide to IV catheterization, including the indications, techniques, and troubleshooting tips.

IV catheterization is indicated for a variety of reasons, including:



## IV Starts for the RN and EMT: RAPID and EASY Guide to Mastering Intravenous Catheterization, Cannulation and Venipuncture Sticks for Nurses and Paramedics

by Mike Lanza

★★★★☆ 4.5 out of 5

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Screen Reader : Supported

Enhanced typesetting : Enabled

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- Delivering medications that cannot be taken orally
- Administering fluids and electrolytes to prevent or treat dehydration

- Providing nutrition to patients who are unable to eat or drink
- Drawing blood for laboratory testing
- Monitoring central venous pressure

There are a variety of techniques for IV catheterization, including:

- **Peripheral IV catheterization:** This is the most common type of IV catheterization, and it is performed by inserting a catheter into a vein in the arm, leg, or hand.
- **Central venous catheterization:** This type of IV catheterization is performed by inserting a catheter into a vein in the neck, chest, or groin.
- **Midline catheterization:** This type of IV catheterization is performed by inserting a catheter into a vein in the arm or leg, and it is typically used for long-term IV therapy.

The choice of technique will depend on the patient's condition, the type of IV therapy that is needed, and the healthcare professional's experience.

### **Materials:**

- IV catheter
- Tourniquet
- Alcohol wipes
- Sterile gloves
- Syringe

- Saline flush
- Tape

### Steps:

1. **Prepare the patient.** Explain the procedure to the patient and obtain their consent. Position the patient comfortably and expose the vein that you will be accessing.
2. **Apply a tourniquet.** Apply a tourniquet to the arm or leg above the vein that you will be accessing. This will help to distend the vein and make it easier to insert the catheter.
3. **Clean the skin.** Clean the skin over the vein with an alcohol wipe. Allow the skin to dry completely.
4. **Put on sterile gloves.** Put on sterile gloves to protect yourself from infection.
5. **Insert the catheter.** Hold the catheter in your dominant hand and insert it into the vein at a 15- to 30-degree angle. Advance the catheter slowly until you feel resistance.
6. **Thread the catheter.** Once the catheter is in the vein, thread it through the vein until the tip is in the desired location.
7. **Secure the catheter.** Secure the catheter with tape to prevent it from dislodging.
8. **Flush the catheter.** Flush the catheter with saline to remove any blood or air bubbles.

9. **Administer the IV therapy.** Administer the IV therapy as prescribed by the healthcare professional.

If you encounter any problems during IV catheterization, there are a few things you can do to troubleshoot the issue.

- **If the vein is not visible**, you can try to use a tourniquet to distend the vein. You can also try to use a vein finder to help you locate the vein.
- **If the catheter is not inserting smoothly**, you can try to adjust the angle of the catheter or the direction of the insertion. You can also try to use a smaller catheter.
- **If the catheter is dislodging**, you can try to secure it with more tape. You can also try to use a different type of catheter.

If you are unable to troubleshoot the issue, you should contact a healthcare professional for assistance.

IV catheterization is a common procedure that allows for the delivery of medications, fluids, and nutrients directly into a patient's bloodstream. It is an essential skill for nurses, doctors, and other healthcare professionals.

This guide has provided you with a step-by-step guide to IV catheterization, including the indications, techniques, and troubleshooting tips. By following these steps, you can safely and effectively perform IV catheterization on your patients.

**IV Starts for the RN and EMT: RAPID and EASY Guide to Mastering Intravenous Catheterization, Cannulation**

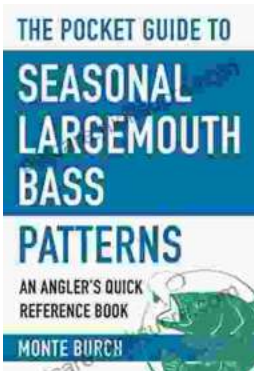


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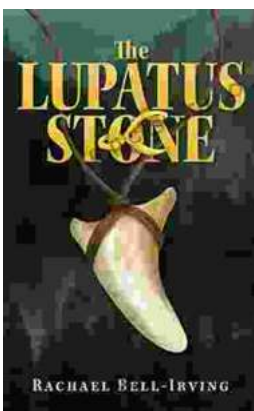
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