# Infertility Management Series: Intrauterine Insemination (IUI)

#### What is IUI?

Intrauterine insemination (IUI) is a fertility treatment that involves placing sperm directly into the uterus. This can help couples who are struggling to conceive naturally. IUI is a relatively simple and affordable procedure that can be performed in a doctor's office.



## **Infertility Management Series:Intrauterine Insemination**

by Stacey Steinberg

★★★★ 5 out of 5

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Screen Reader: Supported

Print length : 150 pages



#### How does IUI work?

IUI is typically performed during a woman's ovulation cycle. The first step is to collect sperm from the male partner. The sperm is then washed and concentrated in a laboratory. The concentrated sperm is then inserted into the woman's uterus using a thin catheter. The sperm is then able to travel to the fallopian tubes and fertilize an egg.

# Who is a good candidate for IUI?

IUI is a good option for couples who are experiencing unexplained infertility. It is also a good option for couples who have mild male factor infertility. IUI is not a good option for couples who have severe male factor infertility or who have blocked fallopian tubes.

#### What are the success rates of IUI?

The success rates of IUI vary depending on the underlying cause of infertility. The overall success rate of IUI is about 10-15%. The success rate is higher for couples who have unexplained infertility than for couples who have male factor infertility.

#### What are the risks of IUI?

IUI is a relatively safe procedure. The most common side effect is cramping. Other potential side effects include bleeding, infection, and multiple pregnancy.

## How do I prepare for IUI?

There is no special preparation required for IUI. However, it is important to tell your doctor about any medications you are taking, as some medications can interfere with IUI.

#### What happens after IUI?

After IUI, you will be asked to rest for a few hours. You may experience some cramping or bleeding. You can take over-the-counter pain medication to relieve any discomfort. You will need to follow up with your doctor two weeks after IUI to have a pregnancy test.

IUI is a safe and effective fertility treatment that can help couples who are struggling to conceive naturally. If you are considering IUI, talk to

#### your doctor to see if it is right for you.

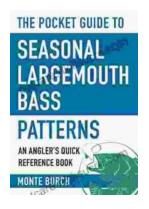


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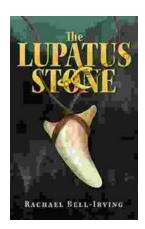
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