

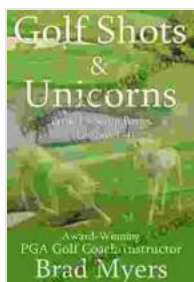
# Golf Shots Unicorns: Setup Basics (Lessons 1-4)

Unicorn golf shots, also known as "oneiroptic" or "fantasy" shots, are rare and exceptional shots that defy the laws of physics and gravity. These shots are characterized by their extreme trajectory, distance, and control. While not easy to achieve, unicorn golf shots can be a valuable addition to any golfer's arsenal.

## Setup

The setup for a unicorn golf shot is crucial. It involves the following elements:

### 1. Grip:



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by Brad Myers

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- The grip should be firm but relaxed, with the hands slightly behind the club.
- The thumbs should be on top of the grip and the fingers should be interlocked.

## **2. Stance:**

- The stance should be slightly wider than shoulder-width with the feet flared out slightly.
- The knees should be bent and the spine should be straight.

## **3. Ball Position:**

- The ball should be positioned slightly ahead of the center of the stance.
- It should be placed on a tee that is approximately 1.5 inches high.

## **4. Aim:**

- The club should be aimed slightly left of the target for a right-handed golfer or slightly right of the target for a left-handed golfer.
- The swing should be smooth and controlled.

## **Basics**

The basics of a unicorn golf shot involve the following:

### **1. Backswing:**

- The backswing should be taken smoothly and slowly.
- The club should be drawn back to a position parallel to the ground.

## **2. Downswing:**

- The downswing should be quick and powerful.
- The club should be swung down and through the ball, hitting it with a solid blow.

## **3. Follow-Through:**

- The follow-through should be smooth and controlled.
- The club should be swung up and over the shoulder.

## **Lessons**

There are several lessons that can help golfers improve their unicorn golf shots:

### **1. Practice Regularly:**

- Practice is essential for mastering unicorn golf shots.
- Golfers should practice hitting the ball from different angles and distances.

### **2. Focus on Accuracy:**

- Accuracy is key when hitting unicorn golf shots.

- Golfers should focus on hitting the ball in the desired direction and distance.

### **3. Experiment with Different Clubs:**

- Different clubs can produce different results when hitting unicorn golf shots.
- Golfers should experiment with different clubs to find the one that works best for them.

### **4. Be Patient:**

- Unicorn golf shots take time and practice to master.
- Golfers should not get discouraged if they do not immediately see results.

## **Benefits of Unicorn Golf Shots**

Unicorn golf shots can provide several benefits, including:

### **1. Increased Distance:**

- Unicorn golf shots can travel significantly farther than regular golf shots.
- This can be beneficial on long holes or when trying to reach a green in two shots.

### **2. Improved Accuracy:**

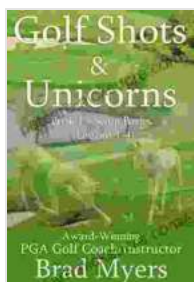
- Unicorn golf shots are more accurate than regular golf shots.

- This can help golfers hit the ball in the desired direction and distance.

### 3. Greater Control:

- Unicorn golf shots give golfers greater control over the ball.
- This can be beneficial when trying to hit the ball around obstacles or land it in a specific spot.

Unicorn golf shots are a rare and exceptional feat that can add excitement and challenge to the game of golf. By following the setup, basics, and lessons outlined in this article, golfers can increase their chances of hitting unicorn golf shots and unlocking its many benefits.



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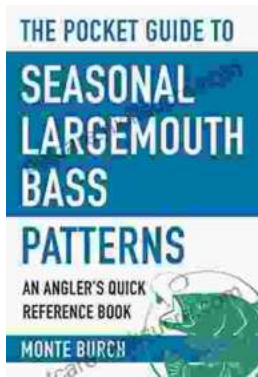
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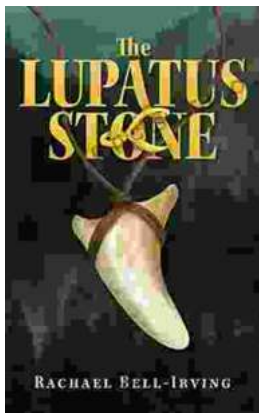
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