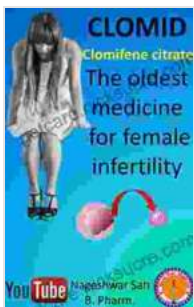


# Clomifene Citrate: The Oldest Medicine for Female Infertility

Clomifene citrate is the oldest and most widely used medication for female infertility. It was first developed in the 1950s and has been used to help millions of women conceive. Clomifene citrate works by stimulating ovulation and increasing the chances of conception.



## Clomifene citrate - The Oldest Medicine for Female Infertility: CLOMID by Nageshwar Sah

★★★★☆ 4 out of 5

Language : English  
File size : 1031 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 6 pages  
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## How Does Clomifene Citrate Work?

Clomifene citrate is an anti-estrogen. This means that it blocks the effects of estrogen in the body. Estrogen is a hormone that is produced by the ovaries. It is responsible for regulating the menstrual cycle and ovulation. By blocking the effects of estrogen, clomifene citrate can cause the ovaries to produce more follicles. Follicles are the small sacs that contain eggs. When a follicle matures, it releases an egg. This process is called ovulation.

Clomifene citrate is typically taken for 5 days, starting on the 5th day of the menstrual cycle. The medication is usually taken once a day, with food. Clomifene citrate can cause ovulation to occur within 5 to 10 days of taking the medication.

## **What are the Side Effects of Clomifene Citrate?**

The most common side effects of clomifene citrate include:

- Hot flashes
- Nausea
- Vomiting
- Breast tenderness
- Mood swings
- Headaches
- Visual disturbances

These side effects are usually mild and go away within a few days. However, more serious side effects can occur, such as:

- Ovarian cysts
- Multiple births
- Ectopic pregnancy

If you experience any of these side effects, it is important to see your doctor right away.

## Who Should Not Take Clomifene Citrate?

Clomifene citrate should not be taken by women who have:

- Liver disease
- Kidney disease
- Uncontrolled thyroid disease
- A history of ovarian cysts
- A history of multiple births
- A history of ectopic pregnancy

Clomifene citrate should also not be taken by women who are pregnant or breastfeeding.

## What is the Success Rate of Clomifene Citrate?

The success rate of clomifene citrate varies depending on a number of factors, including the woman's age, the cause of her infertility, and the dosage of medication. However, studies have shown that clomifene citrate can increase the chances of conception by up to 20%.

Clomifene citrate is a safe and effective medication for female infertility. It has been used to help millions of women conceive. If you are struggling to conceive, talk to your doctor about whether clomifene citrate is right for you.

### Clomifene citrate - The Oldest Medicine for Female

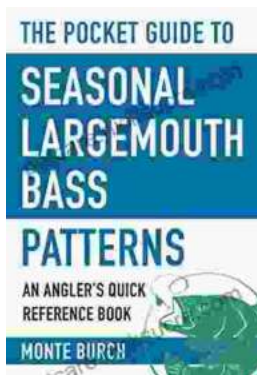
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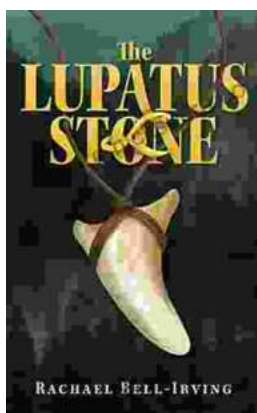


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