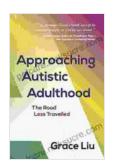
Approaching Autistic Adulthood: A Path Less Traveled

Autism spectrum disorder (ASD) is a neurodevelopmental condition that affects social interactions, communication, and behavior. It is typically diagnosed in early childhood, and the symptoms can vary greatly from person to person. Some people with ASD may have difficulty with social skills, such as making eye contact or understanding body language. Others may have difficulty with communication, such as speaking or understanding language. And still others may have difficulty with behavior, such as repetitive movements or self-injurious behavior.



Approaching Autistic Adulthood: The Road Less

Travelled by Grace Liu

4.8 out of 5

Language : English

File size : 1557 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length

Lending



: 204 pages : Enabled

As children with ASD grow older, they begin to approach adulthood. This can be a challenging time both for the individuals themselves and for their families. There are many new challenges that autistic adults face, such as finding employment, living independently, and forming relationships.

However, there are also many opportunities for autistic adults to succeed in adulthood. With the right support, they can live full and happy lives. There are a number of resources available to help autistic adults, such as specialized programs, support groups, and vocational training.

Challenges of Autistic Adulthood

Autistic adults face a number of challenges as they approach adulthood. These challenges can include:

- Finding employment. Autistic adults may have difficulty finding employment due to their social and communication challenges.
- Living independently. Autistic adults may have difficulty living independently due to their need for support with daily living activities.
- Forming relationships. Autistic adults may have difficulty forming relationships due to their social challenges.

Opportunities for Autistic Adults

Despite the challenges, there are also many opportunities for autistic adults to succeed in adulthood. These opportunities can include:

- Finding employment. Autistic adults can find employment in a variety of fields, such as computer programming, data entry, and customer service.
- Living independently. Autistic adults can live independently with the help of support services, such as personal care assistants and group homes.

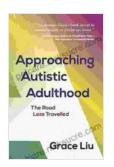
• **Forming relationships.** Autistic adults can form relationships with other autistic adults, as well as with neurotypical people.

How to Support Autistic Adults

There are a number of ways to support autistic adults as they approach adulthood. These include:

- Providing education and information. Autistic adults need to be educated about their condition and the challenges that they may face.
- Providing support services. Autistic adults may need support services, such as personal care assistants and group homes, to help them live independently.
- Creating opportunities for employment. Autistic adults can find employment in a variety of fields, but they may need help finding and retaining jobs.
- Promoting social interaction. Autistic adults may need help forming relationships with other autistic adults and with neurotypical people.

Approaching autistic adulthood can be a challenging time, but there are also many opportunities for autistic adults to succeed. With the right support, autistic adults can live full and happy lives.



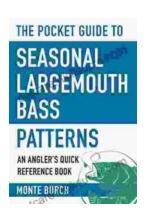
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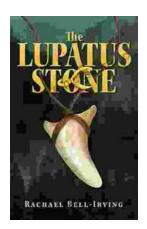
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